

# Mændenes hjem Denmark

The drug consumption rooms  
"the Copenhagen model"



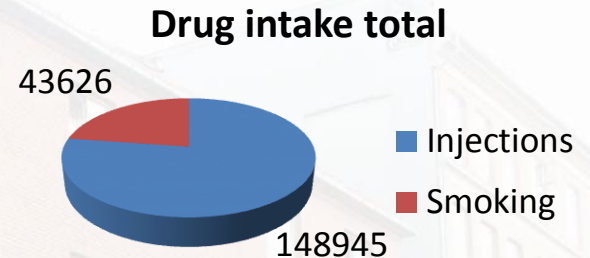
# The Copenhagen model

- The Copenhagen Drug Consumption Rooms (DCR) consists of 2 facilities located in the same neighborhood:
  - “SKYEN”
    - Opening hours from 7:45 am to 12:00 am.
    - 9 seats for injections and 8 seats for smoking.
    - In average 500 drug consumptions a day.
  - “Halmtorvet”
    - Opening hours 11:15 am to 7:45 pm.
    - 9 seats for injections.
    - in average 90-100 drug consumptions a day.
- Staff:
  - 20 fulltime staff members:
    - Trained social workers and trained nurses.
  - 25 part-time staff members:
    - Trained nurses, students and trained social workers.

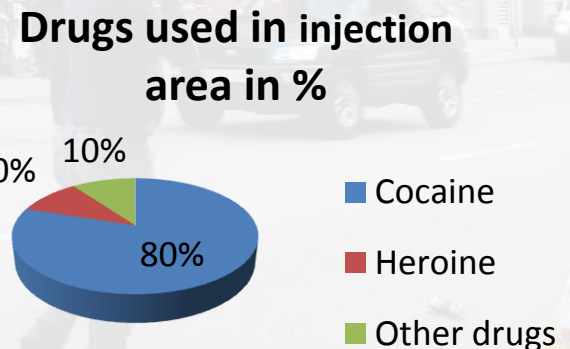


# The Copenhagen model

- Users:
  - 2600 users: 437 women and 2163 men.
  - 148.945 Injections.
  - 43.626 smoking sessions.
  - In total 192.571 sessions
- A total of 160 overdose situations in the room.
- Approximately 2500 referrals to the social and health system. (GPC, drug rehabilitation, hospitals, social advisors etc.)
- The drug related garbage in the neighborhood has been reduced with 75% after the DCR opening.

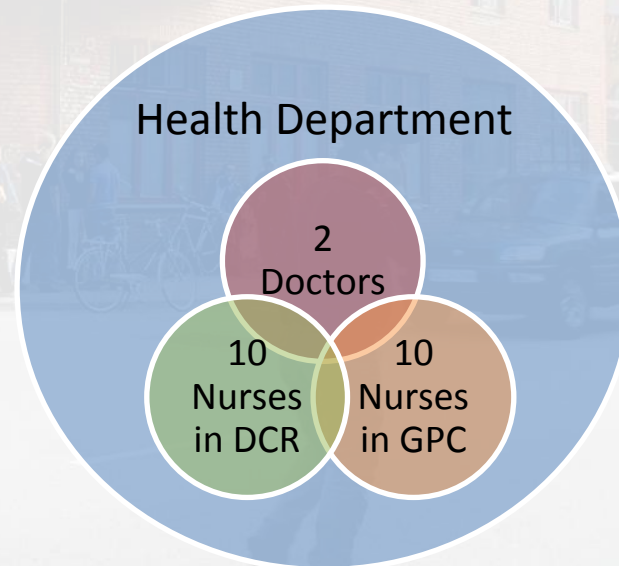


- Drugs:
  - Injections area:
    - 80% cocaine.
    - 10% heroin.
    - 10% other drugs.
  - smoking area:
    - 49% heroin.
    - 40% cocaine.
    - 11% other drugs.



# The Copenhagen model

- Health department of the organisation Mændenes Hjem.
  - Focus is rehabilitation and reasons for rehabilitations.
  - Low threshold General Practitioner Clinic (GPC).
  - Visitation and coordination in connection to the existing social and health system.
  - Everybody has access to a consultation.
  - A GPC is located in the same building as the DCRs.
- 2 Doctors.
- 1 Head nurse.
- 1 Clinical specialist nurse.
- 10 Nurses in two DCRs.
- 10 Nurses in two GPCs.



# The Copenhagen model

- Tasks for nurses in the DCRs
  - Acute interventions.
    - Overdose, anaphylaxis, convulsions.
  - Foster relationships.
  - Injection technique-teaching.
    - Arm, neck, inguinal, vein scanner, hygiene.
  - Harm reducing preparation of drugs-teaching.
    - Methadone, Cocaine (crack), heroine and other types of tablets.
  - General hygiene.
  - Observant of health and psychiatric issues.
  - Referring users to GPC, hospitals etc.



# The Copenhagen model

- 8 social pedagogues work full time in the DCRs:
  - Foster relationships to the users.
  - Refer users to the social system (if they want to).
  - Create a good atmosphere in the DCRs.
  - Keep a low conflict level.
- We believe good relations between staff and users are essential.
- We respect the users' individual situation and try to meet the users in their own space.



# The Copenhagen model

- The DCRs in Copenhagen work with a high level of tolerance and want to create an atmosphere of respect and equality between the users and the staff.
- This means that it is impossible to get banned from the DCRs for a longer period of time.
- We treat the users individually and try to make space for individual needs.
- We work systematically with user involvement fx. user councils, where ideas and complaints are discussed.